



# CORONAVIRUS

Progetto ICARE

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## TOGETHER TO START SAFE AGAIN INFORMATION FOR THE STUDENTS

### Before you go to school

Always check your state of health before leaving home, making sure you do not have the **following symptoms**:

- cough
- sore throat
- cold
- headache
- diarrhea
- vomiting or muscle pain

**If you have at least one of these symptoms, you cannot go to school**

**Measure your temperature every morning with the help of an adult**

In case of **fever**, you cannot go to school and you must call the Paediatrician of your choice or the General Practitioner.



**IMPORTANT**

### What you should communicate to the school

- always report the child's **absences for health reasons** (even if not related to Covid-19)
- if you have been declared "close contact" with a positive person to Covid-19 by the Hygiene Service of your Local Health Authority (Asl), you cannot go to school; in this case, together with your parents, **follow the doctor's instructions for quarantine period and notify to the school Covid-19 referent indicated by the school**

### Follow all precautions to protect yourself and others



**Wash your hands** correctly and frequently



**Avoid close contacts**, handshakes, kisses and hugs



Keep a safe distance of **at least one meter** from others



**Do not exchange masks** with classmates



Follow the school instruction about the **use of the mask**



**Avoid** drinking from the same bottles, using the same pens and pencils, sharing books and other stuff with your classmates.



**Avoid gathering places**



**Avoid touching** eyes, nose and mouth.

Follow the hygiene practices in case of sneezing or coughing

- cover mouth and nose** during sneezing or coughing, using the the elbow crease
- remove the paper handkerchief** in the nearest waste collector
- practice hand hygiene** immediately after, washing your hands or using hydro alcoholic solution

Always stay tuned on: [salutelazio.it](http://salutelazio.it)

Schools network promoting health